

# Grand Opening!

**FREE  
weight loss  
consultation**

**Less than  
\$20 a session!**  
10-week package  
\$395

Program includes  
**20 private,  
one-on-one weight  
& nutritional  
sessions**

## **Sutter Express Care Offers Lean for Life® Medical Weight Loss Program**

Slim down for summer! Come to a Grand Opening and **FREE** health fair and open house at Sutter Express Care in Greenhaven.

**Lose weight in just 10 weeks** with Lean for Life®, our new 10-week weight loss program from Lindora, America's leading medical weight control system.

### **You're Invited!**

**Saturday, July 10, 2010, 10am – 2pm**  
**Sutter Express Care, Inside Rite Aid**  
**980 Florin Rd., Sacramento**



Margaret Parker,  
Sutter Express Care clinician



*Sutter Express Care*



With us, it's personal.

Real health care,  
*Real quick.*

1-800-972-5547 / [SutterExpressCare.com/weightloss](http://SutterExpressCare.com/weightloss)

# You're Invited!

**FREE** blood pressure  
**FREE** body fat analysis

Come learn how you can lose 10% of your body weight – or more – in just 10 weeks.

**FREE**  
**Health**  
**Fair**

**Saturday, July 10, 2010**  
**10am – 2pm**

**Exclusively at the**  
**Greenhaven Sutter Express Care**

**Located at 980 Florin Rd.**  
(At the corner of Florin Rd. & Greenhaven)

**Please RSVP to 1-800-972-5547**

The Lean for Life® program is also offered at the **Natomas Sutter Express Care** clinic at 2751 Del Paso Road



*Sutter Express Care*

Sutter Health  
2200 River Plaza Drive  
Sacramento, CA 95833

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